

The Drug Free Schools and Communities Act (DCFSCA) requires all institutions of higher education that receive federal funds to conduct a Biennial Review of all alcohol and other drug prevention efforts. The Biennial Review is expected to include an evaluation of alcohol and other drug prevention efforts; recommendations for improvement based on that evaluation; and a report on the number of violations to alcohol and other drug standards of conduct, the number of disciplinary sanctions assigned as a result of violations, and the number of alcohol and other drug fatalities.

The most recent Biennial Review collected data from academic years 2020-2021 and 2021-2022. The departments contributing to the review consisted of Substance Abuse and Violence Education Support, Student Standards and Conduct, Human Resources, University Compliance, and Radford University Police Department.

DFSCA Task Force Membership consisted of the following:

- Ms. Angela Mitchell, Dean of Students, Chair
- Dr. Susan Trageser, Vice President for Student Affairs
- Ms. Cora Taylor, Assistant Director of Substance Abuse and Violence Education Support services (SAVES)
- Mr. David Stuart, Director of Student Standards and Conduct
- Ms. Jenene Lewis, Employee Relations Specialist
- Mr. Bill Shorter, Director of University Policy Compliance
- Lt. Scott Shaffer, Radford University Police Department

## **SUMMARY OF BIENNIAL REVIEW FINDINGS AND RECOMMENDATIONS**

<b>FOCUS AREA</b>	<b>FINDINGS</b>	<b>RECOMMENDATIONS</b>
<b>Alcohol and Other Drug Assessment</b>	<ul style="list-style-type: none"> <li>• Drug and alcohol task force meetings have not been held since the COVID-19 Pandemic</li> <li>• Current new incoming student requirements are not effective for engaging students and assisting them with available campus resources.</li> </ul>	<ul style="list-style-type: none"> <li>• Prioritize monthly task force meetings reconvening.</li> <li>• Prioritize implementation of a new programming opportunity/outreach for new incoming students.</li> </ul>
<b>Alcohol and Other Drug Prevention Programs and Services</b>	<ul style="list-style-type: none"> <li>• Student programming was outdated and not relatable.</li> <li>• Program assessments were paper and outdated.</li> </ul>	<ul style="list-style-type: none"> <li>• Programming was updated with newest data and information along with harm</li> </ul>

<p><b>Alcohol and Other Drug Prevention Programs and Services</b> (<i>continued</i>)</p>	<ul style="list-style-type: none"> <li>• Establishment and growth of Collegiate Recovery Community.</li> </ul>	<p>reduction models.</p> <ul style="list-style-type: none"> <li>• Programming material now includes easy to scan QR codes to complete post material survey.</li> <li>• Continued support of Collegiate Recovery Community model.</li> </ul>
<p><b>Reported Alcohol and Other Drug Violations, Sanctions, and Deaths</b></p>	<ul style="list-style-type: none"> <li>• Number of violations varies by academic year</li> <li>• Trend of decreasing drug and alcohol violation noted that COVID-19 has likely played a role in this.</li> </ul>	<ul style="list-style-type: none"> <li>• Review sanctions and prevention programming efforts to stay current with national and campus trends.</li> <li>• Create and/or revamp prevention programs based on needs of students by considering a community service model of conduct violations.</li> </ul>
<p><b>Campus Alcohol and Other Drug Policies/Procedures</b></p>	<ul style="list-style-type: none"> <li>• Drug-Free University Policy currently under development</li> </ul>	<ul style="list-style-type: none"> <li>• Complete development and approval processes for policy</li> <li>• In the interim, post a link on the University Policy and/or Human Resources website to DHRM’s Policy 1.05 – Alcohol and Other Drugs</li> </ul>

## HISTORICAL REVIEW OF ALCOHOL AND OTHER DRUG PREVENTION EFFORTS

### Assessment of Alcohol and Other Drug Use, Behaviors, and Attitudes

#### Comparative Analysis of Historical Data

	CORE 2008	CORE 2010	NCHA 2013	NCHA 2016	U-Celebrate! 2018
<b>Alcohol - Annual</b>	91.6%	92%	-	-	-
<b>Alcohol – 30-day prevalence</b>	82.8%	84.4%	74.8%	67.2%	57.8%
<b>Marijuana - Annual</b>	40%	41.2%	-	-	-
<b>Marijuana – 30-day prevalence</b>	23.2%	29.2%	28.4%	27.6%	-
<b>Driven while intoxicated – (CORE annual; NCHA 30 day prevalence)</b>	48.4%	28%	17.5%	10.9%	-

#### Core Survey (2008, 2010)

The Core Alcohol and Drug Survey is offered by Southern Illinois University. The “Short Form” version offers 23 questions and can be completed within 20 minutes. The “Long Form” version offers 30 questions and can be completed within 35 minutes. The 2008 survey included 505 respondents; the 2010 survey included 501 respondents. Raw data is unavailable. Radford stopped utilizing the Core Survey after 2010.

National Social Norms Center- U-Celebrate! Survey (2018)

Beginning in Academic Year 2017-2018, SAVES has discontinued use of the NCHA due to changes in survey requirements for the RU Normal social norming grant. The National Social Norms Center at Michigan State University created and administers the U-Celebrate! Survey, which explores the celebratory nature of alcohol consumption on college campuses. The survey assesses campus demographics, behaviors related to alcohol, as well as attitudes and perceptions related to alcohol. The survey can be completed within 20 minutes and raw data is unavailable. The following represents data from the responses of identified drinkers in the format of official summary report tables. The charts below show data collected in the spring of 2018, the spring of 2019, and the spring of 2022. SAVES was not able to administer the survey in the spring of 2020 and Spring of 2021 due to COVID-19.

The U-Celebrate! Survey administered in spring of 2019 included 448 respondents, the U-Celebrate! Survey administered in spring 2019 included 589 respondents and the U-Celebrate! Survey administered in spring of 2022 included 534 respondents.

<b>Problematic Experiences (Annual)</b>	<b>2017-18</b>	<b>2018-19</b>	<b>2020-21</b>	<b>2021-22</b>
Got into legal trouble	2.7%	2.9%	N/A	1.7%
Got into trouble with your college/university	3.0%	3.1%	N/A	2.5%
Physically injured another person	4.7%	2.9%	N/A	1.7%
Did something you later regretted	23.3%	26.3%	N/A	22.7%
Forgot where you were or what you did	24.1%	23.0%	N/A	24.1%
Got involved in a fight	6.6%	4.8%	N/A	3.6%
Had someone use force or the threat of force to have sex with you	4.0%	3.6%	N/A	3.6%
Physically injure yourself	14.0%	12.1%	N/A	11.6%
Damaged a relationship with a family member, friend or significant other	8.6%	7.6%	N/A	8.6%
Had unprotected sex	22.9%	23.8%	N/A	20.6%
Received a lower grade on an assignment, test, or paper	14.6%	15.4%	N/A	11.9%
Received a lower final grade in a class	7.1%	6.2%	N/A	6.7%
Missed class	18.3%	21.8%	N/A	22.7%
Missed work	8.3%	8.3%	N/A	6.9%

## **Alcohol and Other Drug Prevention Programs and Services**

Radford University offered various activities and services related to alcohol and other drug prevention during the reporting period. Educational programming was delivered by the Director of Student Counseling Services and SAVES, Assistant Director of SAVES, one full time alcohol and other drug counselor, and a part time peer support specialist.

### Alcohol and Other Drug Prevention Services

The EverFi course *AlcoholEdu for College* is assigned to all incoming freshmen and transfer Radford University students. This course is an online alcohol prevention program that forms a foundation for a comprehensive alcohol prevention strategy for institutions of higher education. This science-based, non-opinionated course is designed to address both the high-risk behaviors associated with alcohol consumption on campuses as well as reinforce the decisions of nondrinkers. Radford University has used *AlcoholEdu for College* since July 2012.

EverFi also provides an online conduct course, *AlcoholEdu for Sanction*. The Office of Student Standards and Conduct assigns this online course to students in a first offense violation of the alcohol policy. During the reporting period, the Office of Student Standards and Conduct processed 290 alcohol violations and 88 drug violations.

Radford University students who violate the alcohol policy on a second or third alcohol offense or a drug offense can be assigned to the RU Aware program. The RU Aware program is coordinated by SAVES, led by one full time alcohol and other drug counselor. RU Aware provides diagnostic and bio-psychosocial assessments, recommendations and referrals, basic alcohol and drug education, and risk reduction and decision-making skills building. The RU Aware counselor also address co-morbid mental health and dependency issues to provide referrals to other campus and community resources as needed.

In fall of 2017, the RU Aware program began utilizing Brief Alcohol Screening and Intervention for College Students (BASICS) for alcohol use screening and to assist with providing harm reduction feedback to students about their alcohol and other drug use. A full-time Alcohol and Other Drug Counselor was hired in December 2017.

During this reporting period, 216 cases were assigned the online *AlcoholEdu for Sanction* course and 138 cases were assigned to RU Aware.

### Educational Prevention Programs

Prevention programs at Radford University have been provided by a collaboration of campus and community partners, including SAVES, Center for Diversity and Inclusion, Fraternity and Sorority Life, and the Women's Resource Center of the New River Valley. The following information was taken from the SAVES Annual report 2020-2021 and 2021-2022. The SAVES program began collecting data through program evaluations from the programs listed to determine program effectiveness in 2018, however

these evaluations were halted in spring 2020 due to inability to self-collect responses because of the COVID-19 Pandemic.

1. SAVES provides annual training as requested to Residential Advisors. Topics include alcohol and other substance use, consent, sexual assault, bystander effect, and how to connect students to SAVES resources.
2. Step Up! Bystander Intervention program is offered annually, as requested by academic courses, resident advisors, and student organizations. During the reporting period, 6 Step Up! programs were hosted and reached 154 students. This is a decline from previous years as the Women's Resource Center had been handling most of the programming during this reporting period. However, SAVES hired a Coordinator of Sexual and Domestic Violence Prevention who has since been handling those trainings and will continue to handle them moving forward for the campus community.
3. LiveWell Social Norming campaign, funded by Anheuser-Busch and coordinated by SAVES, seeks to change the culture of drinking on campus. The campaign is developed using data from the NCHA survey and is advertised across campus via social media platforms, the campus TV system, campus newspaper, posters displayed on bulletin boards and newsstands, and other electronic advertisements. During the reporting period, 750 LiveWell posters were displayed on campus and weekly social media (Facebook, Twitter, and Instagram) posts were updated.
4. Alcohol Awareness programming was provided to student organizations upon request. During the reporting period, SAVES presented 30 programs on topics of alcohol and other drug use, reaching over 1100 students and community members.
5. SAVES provides training to student athletes and athletics staff on alcohol and other drug prevention education, including available resources.
6. SAVES opened the Recovery Lounge in fall of 2021 and has seen consistent growth in the Collegiate Recovery Community.

### **DFSA Student Policies**

**Alcohol:** Improper use or possession of alcohol, including but not limited to:

- a. Unlawful use, possession, or consumption of alcohol including underage possession, public intoxication, and driving under the influence
- b. Unlawful furnishing, distribution, or manufacturing of alcohol
- c. Violating any local, state, or federal alcohol laws
- d. Serving alcohol to students on university property and at university-sponsored events not on university property without prior approval from the Vice President for Student Affairs

**Drugs and other substances:**

- a. Illegal use, possession, or consumption of cannabis, including but not limited to, use or possession of cannabis by those under 21 years of age
- b. Possession or use of cannabis on university property or at university-sponsored events. Federal law, including the Drug Free Schools and Communities Act continues to prohibit cannabis use or possession on university property or at university-sponsored events

- c. Unlawful use, possession, or consumption of narcotics, controlled substances, other illegal drugs, or drug paraphernalia
- d. Illegal cultivating, growing, manufacturing, distributing, selling, sharing, or possessing any illegal or controlled substance
- e. Improper use of a substance or substances for intoxicating purposes
- f. Violating any local, state, or federal drug laws

## **Residence Hall Policies**

### **HP 2: Alcohol**

Possession of alcohol in any residence hall regardless of age is not allowed. Alcohol is only permitted in university operated apartments whose assigned resident(s) are at least 21 years of age.\*

Students under the age of 21 may not be in the presence of alcohol in a residence hall or university operated apartment, regardless of whether they are consuming alcohol or not.

Bulk quantities (i.e., quantities that cannot reasonably be consumed by one individual), games or devices used for the rapid consumption of alcohol, and common containers (e.g., kegs, punch bowls) are prohibited.

\*Residents who are 21 years or old may possess and/or consume alcohol in university operated apartments in their assigned bedroom. Alcohol may be consumed or stored in common areas of university operated apartments, provided all residents are 21 years or older.

### **HP 7: Display of Alcohol or Other Drug Memorabilia**

Possession of alcohol containers in university operated housing is prohibited. Plastic, glass, or metal vessels which contained alcohol at time of purchase that are decorated or on display in a student residence are not permitted.

Students may not display alcohol or drug signs or other related alcohol or drug memorabilia so that they are visible from outside university operated housing.

## Faculty & Staff

### *Drug-Free Workplace Policy*

As Radford University is a state agency in the Executive Branch of the Commonwealth of Virginia, all employees of Radford University must follow Policy Number 1.05 – Alcohol and Other Drugs issued by the Virginia Department of Human Resource Management. The purpose of the policy is to establish and maintain a work environment free from the adverse effects of alcohol and other drugs. The adverse effects of alcohol and other drugs create a serious threat to the welfare of fellow employees and to Radford citizens. The policy outlines violations, responsibilities, disciplinary actions, and rehabilitation programs that are available to employees.

### **Alcohol and Other Drug Policy Violations, Sanctions, and AOD Related Deaths**

Effective August 14, 2008, the Higher Education Opportunity Act mandated that as part of their DFSC Biennial Review, institutions must determine the number of drug and alcohol related violations and fatalities as well as the number and type of sanctions that are imposed as a result of those violations.

### Violations Summary

<b>Academic Year</b>	<b>Alcohol Violations by Students</b>	<b>Drug Violations by Students</b>
2014-2015	464	99
2015-2016	457	110
2016-2017	652	273
2017-2018	379	132
2018-2019	207	160
2019-2020	252	94
2020-2021	172	43
2021-2022	118	45
<b>Total</b>	<b>2701</b>	<b>956</b>

Radford University Department of Human Resources reported one drug/alcohol related violation by a university employee during these reporting periods.

### Sanctions Summary

<b>Sanctions for Alcohol and Drug Violation (by Academic Year) for Students</b>						
<b>Sanction Type</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>
Alcohol and Other Drug Education	1857	1438	613	359	485	276
Educational Sanction	289	182	163	140	37	19
University Sanction	12	5	34	13	208	152



<b>Sanction Type</b>	<b>2016-2017</b>	<b>2017-2018</b>	<b>2018-2019</b>	<b>2019-2020</b>	<b>2020-2021</b>	<b>2021-2022</b>
Formal Warning	286	198	193	173	58	64
Conduct Probation	284	221	220	138	100	67
Deferred Suspension	61	57	85	46	35	16
Suspension	15	14	10	12	2	2
Dismissal	1	1	0	0	1	0

- Educational Sanctions - examples include papers, seminars, meetings with staff members on a bi-weekly basis, brief counseling, and treatment referrals
- University Sanctions - examples include residence hall ban, residence relocation, and restitution
- Alcohol and Other Drug Education- examples include assessments and online education

Alcohol and Other Drug Related Deaths

<b>On-Campus Alcohol and Drug related Deaths</b>	
2014-2015	0
2015-2016	0
2016-2017	0
2017-2018	1
2018-2019	0
2019-2020	0
2020-2021	0
2021-2022	0

## **RECOMMENDATIONS FOR ALCOHOL AND OTHER DRUG PREVENTION EFFORTS**

### **Assessment of Alcohol and Other Drug Use, Behaviors, and Attitudes**

In order to better assess alcohol and other drug use, behaviors, and attitudes of students, the annual utilization of a singular, evidence-supported, survey instrument is recommended. This committee recommends a campus climate survey, which has not been utilized at Radford University.

SAVES will assume responsibility for reviewing and implementing an assessment plan for continued data collection. Part of the LiveWell grant expectation is to utilize a survey created by the National Center for Social Norming, based off the National College Health Assessment (NCHA) through 2016 and utilizing the U-Celebrate! Survey beginning in spring 2018. SAVES has provided this survey since the previous biennial review with the exception of academic year 2019-2020 and 2020-2021 due to the COVID-19 pandemic. The survey was administered again in the spring of 2022.

SAVES has increased trainings offered across campus to include Recovery Ally, REVIVE, Trauma and Resilience, as well as updating existing trainings to better serve students and individualizing those trainings based on the audience.

### **Program Evaluation**

Program evaluations are provided after each training, programming, and educational series that is provided on campus. Due to the COVID-19 pandemic, surveys were not able to be collected due to inability to be in-person and collect data. The team is working to develop a plan that will allow stronger engagement and participation in a virtual world.

### **Updates on Previous Recommendations**

- We have continued to work to increase recovery support services by hiring a part time student to increase engagement and develop awareness around our Collegiate Recovery Community.
- SAVES has implemented new training, Trauma and Resilience, which focuses on Adverse Childhood Experiences (ACEs). This training provides an overview of ACEs and the detrimental impacts into adulthood. The training has grown increasingly popular amongst students, faculty, and staff since being introduced to the campus community.
- SAVES has opened a recovery lounge for students struggling with and/or in recovery from use. Since the opening of this space, student engagement in the Collegiate Recovery Community (CRC) has increased. Students engaged with the CRC participate in supportive programming weekly, on and off campus, to aid their recovery efforts.