



## Highlander Works Grant Program

### Internship Reflection Essay Form

Student Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Date: \_\_\_\_\_

Student Email: \_\_\_\_\_

Please provide an essay on what you have learned from your internship experience to help you become more career and life ready. Please elaborate on the skills and knowledge that you have gained from this experience. How did this confirm, change, or alter your career path? Please limit your essay to 500 words.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_